

## Lindseth & Norberg's phenomenological hermeneutical method: a synthesis

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### Introduction

This poster is part of the study **Self-knowledge as a lived experience for nurses: a phenomenological study** for a doctoral thesis in nursing at the Portuguese Catholic University.

Understanding the meaning that nurses attribute to self-knowledge as a lived experience means accessing the uniqueness of those who live the experience as it is perceived by the person<sup>1</sup>

### Aim

To present a synthesis of the phenomenological hermeneutical method developed by Lindseth and Norberg<sup>2,3</sup>, in the construction of self-knowledge in nursing.

### Methods

A narrative review carried out by searching the EBSCO and RCAAP platforms for phenomenological hermeneutical method AND Lindseth & Norberg. Two articles were found<sup>2,3</sup>

### Referências Bibliográficas:

1. Cohen, M., Kahn, D. & Steeves R. *Hermeneutical phenomenological research. A practical guide for nurse researchers*. Thousand Oaks, CA, USA: Sage. 2000.
2. Lindseth, A., & Norberg, A. A phenomenological hermeneutical method for researching lived experience. *Scandinavian Journal of Caring Sciences*.2004; 18, 145–153.
3. Lindseth, A., & Norberg, A. Elucidating the meaning of life world phenomena. A phenomenological hermeneutical method for researching lived experience. *Scandinavian Journal of Caring Sciences*. 2021. 00: 1–8. doi: 10.1111/scs.13039
4. Ricoeur, P. *Teoria da Interpretação: o discurso e o excesso de significação*. Lisboa: Edições 70. 1976.

### Results

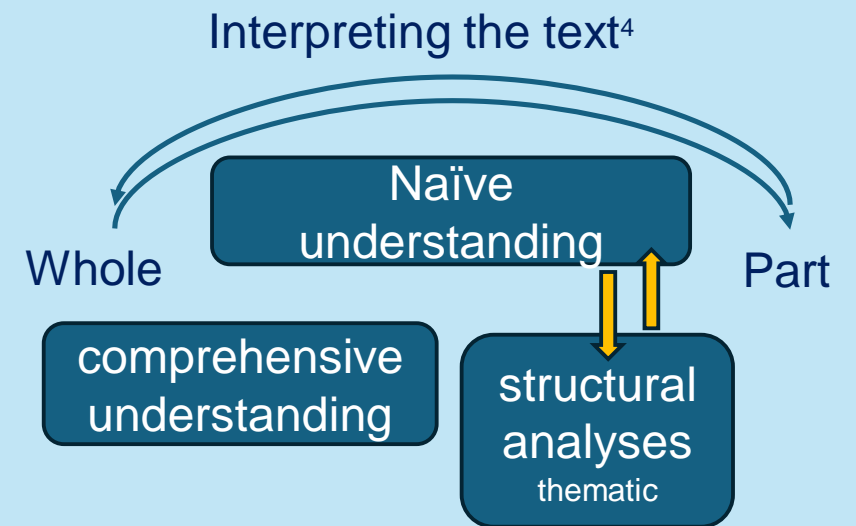
data collection

analysis

Narrative interview  
Tape-recorded  
Field notes

Verbatim  
Transcribed text compared  
with taped recording

The text



### Conclusion

The Lindseth & Norberg's phenomenological hermeneutical method is an example of a possible way from a research perspective to a research result<sup>3</sup> and can contribute to enhancing the concept of nurses' self-knowledge, giving them a voice in describing how this concept relates to their intervention in clinical practice.