

# In-situ silk fibroin conformational change using a coaxial-printing strategy for knee meniscus replacement



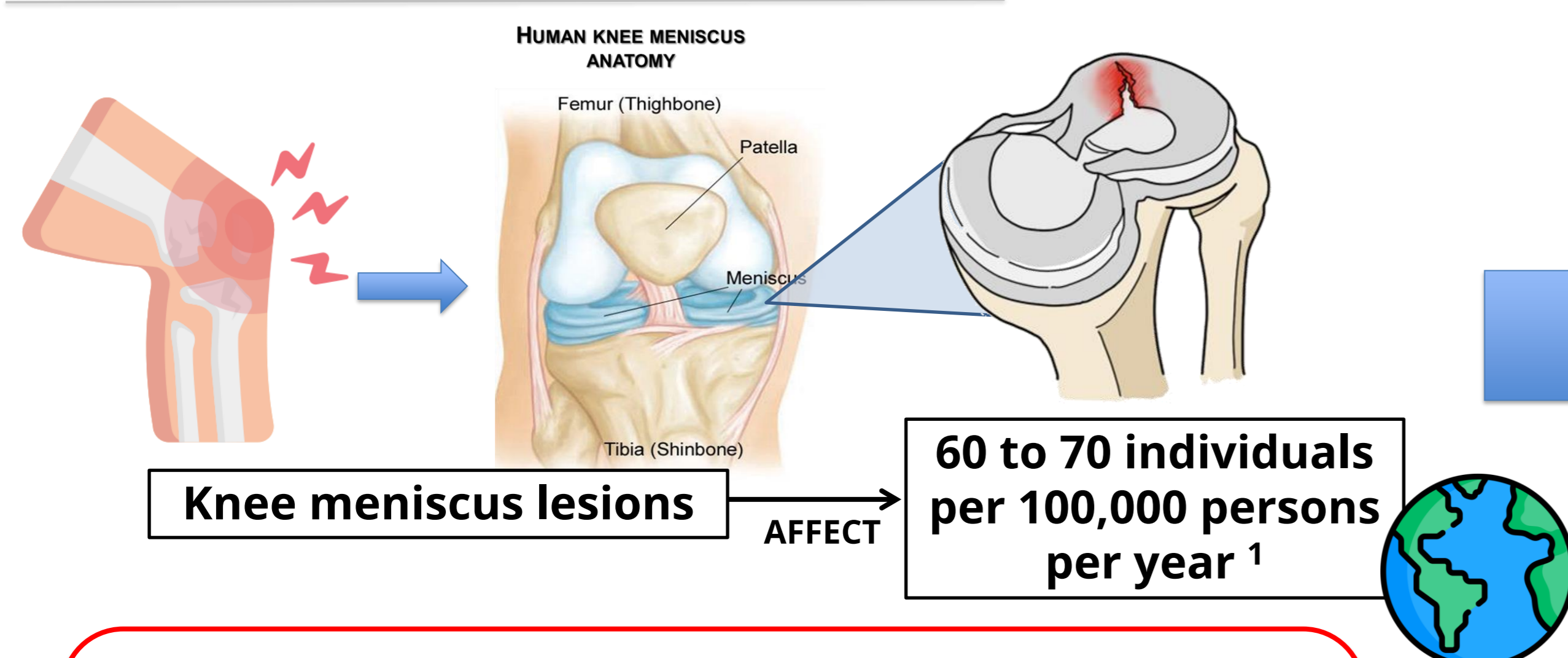
CATOLICA  
ESCOLA SUPERIOR  
DE BIOTECNOLOGIA

PORTO

Francisco A. P. Rodrigues, Ana Leite Oliveira, João B. Costa

Universidade Católica Portuguesa, CBQF - Centro de Biotecnologia e Química Fina – Laboratório Associado, E.S.B., Rua Diogo Botelho 1327, 4169-005 Porto, Portugal

## Introduction & Objectives



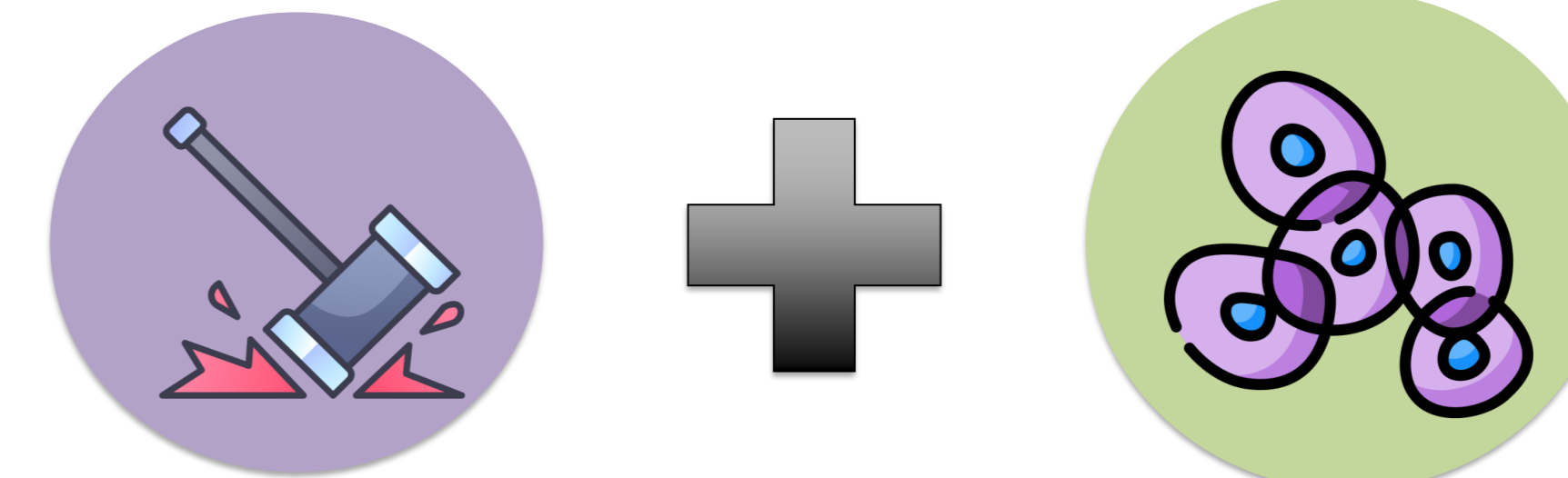
Current treatments lack long-term effectiveness 2:

- ✗ Degenerative changes
- ✗ Altered knee biomechanics
- ✗ Early onset of osteoarthritis

Solution

## COAXIAL 3D PRINTING

Conjugation of two different materials within the same bioink



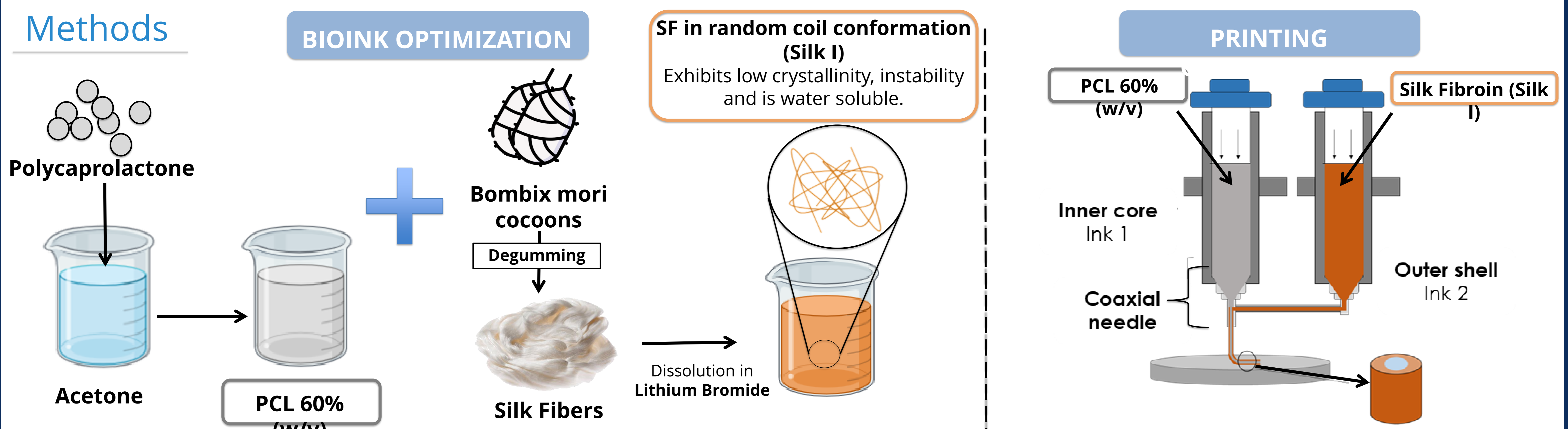
**Polycaprolactone (PCL)**  
Good mechanical properties

**Silk Fibroin (SF)**  
Good biological properties



Optimize the printing of both materials, to create a functional scaffold

## Methods



## Results

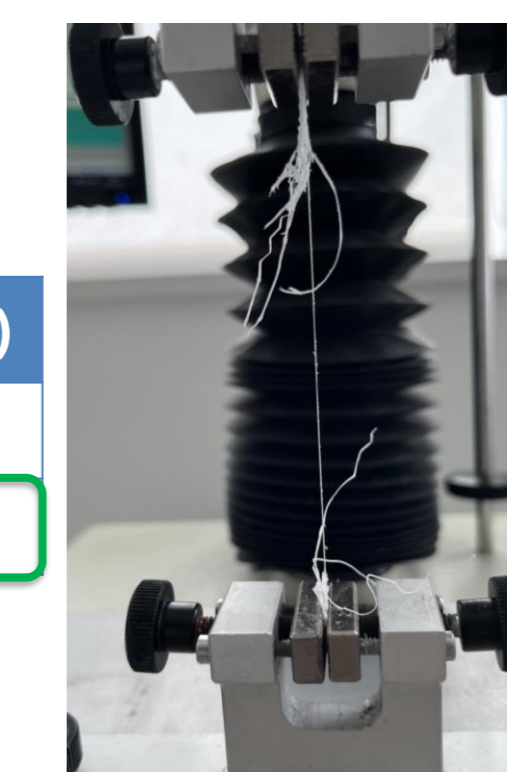
### PCL PRINTING OPTIMIZATION

| Material | Composition (w/v)        | Printing Parameters |                  |              |
|----------|--------------------------|---------------------|------------------|--------------|
|          |                          | Pressure (Psi)      | Temperature (°C) | Speed (mm/s) |
| PCL      | 100%                     | 95                  | 120              | 2            |
| PCL      | 60% (diluted in acetone) | 80                  | 30               | 3.5          |
| PCL      | 40% (diluted in acetone) | 74                  | 30               | 3            |

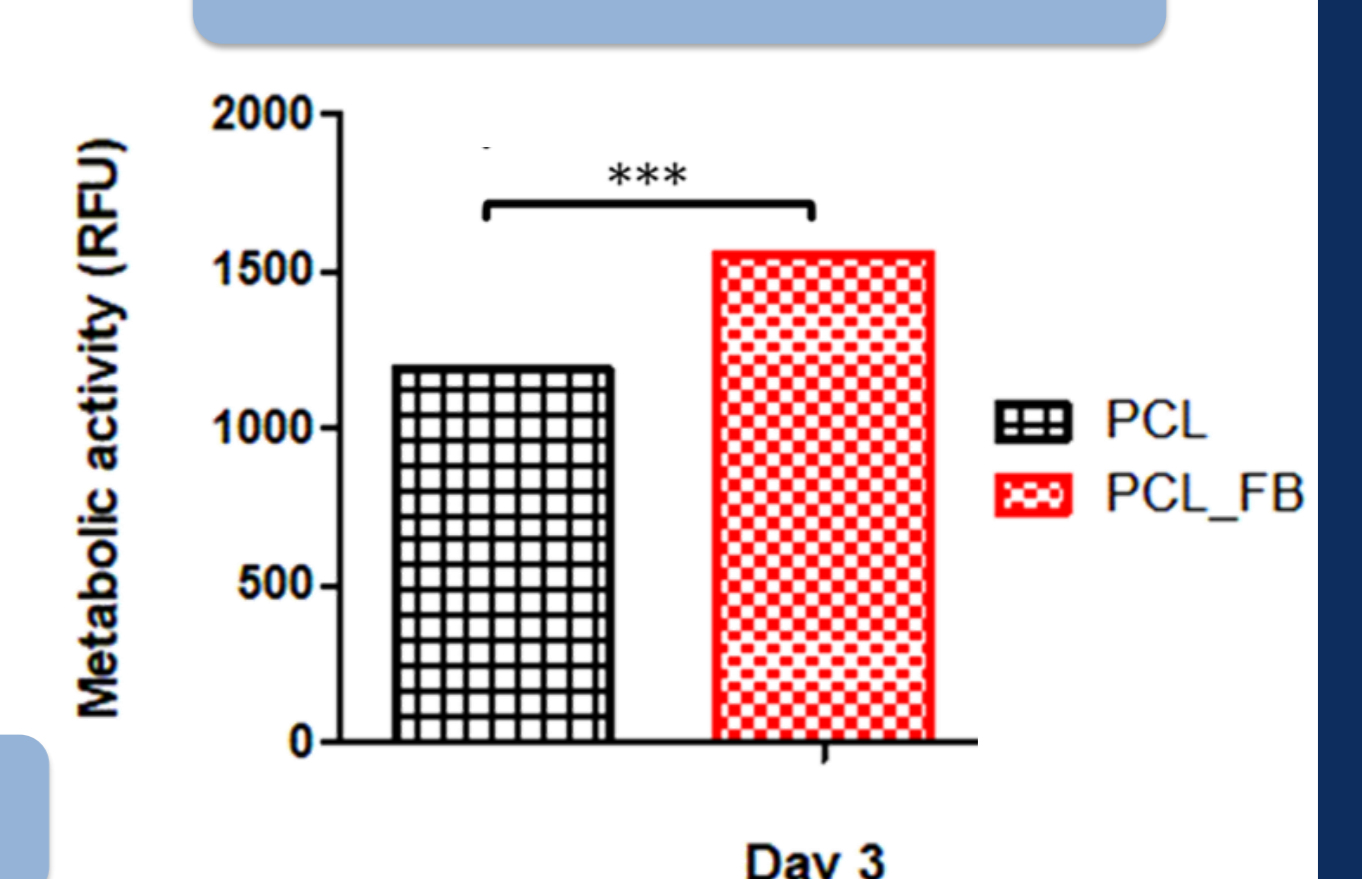
High temperatures  
Difficult to build in height

### MECHANICAL PROPERTIES

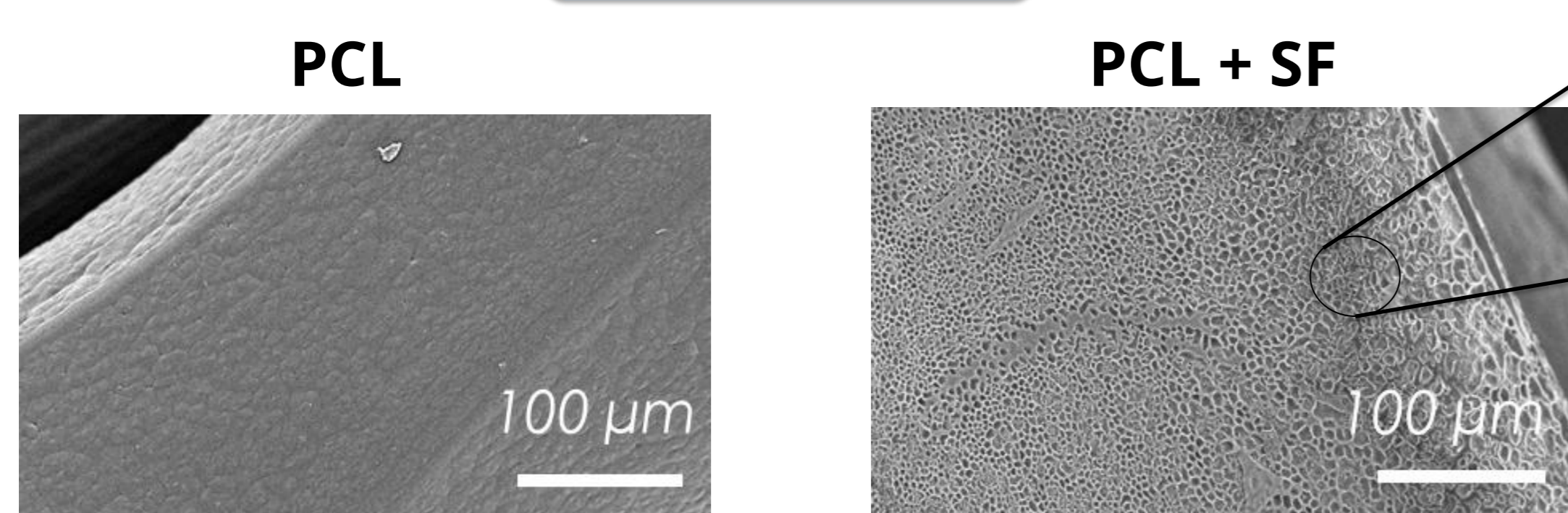
| Formulation | Elastic modulus (Mpa) |
|-------------|-----------------------|
| PCL         | 0.58 ± 0.14           |
| PCL_SF      | 0.75 ± 0.03           |



### BIOLOGICAL PROPERTIES



### MORPHOLOGY



**SF in β-sheet conformation (Silk II)**  
Exhibits high crystallinity and resistance to thermal and mechanical stress

### PRINTED SCAFFOLD



Scaffold printed with **PCL in the inner core** and **SF in β-sheet at the outer shell**

## Conclusions

- PCL and SF printing were optimized to allow 3D printing;
- A 3D coaxial printing system was developed, and allowed the simultaneous print of both bioinks;

- Coaxial printing induced the transformation of SF (Silk I - > Silk II), due to the contact with the acetone, further improving the mechanical properties of the scaffold
- The use of SF as the outer shell appears to enhance the biological properties of the scaffolds after a three-day culture period;

- Coaxial 3D printing allowed the fabrication of a scaffold with promising mechanical and biological properties

## References

1 Chambers, H. G., & Chambers, R. C. (2019). The Natural History of Meniscus Tears. Journal of Pediatric Orthopaedics, 39. [https://journals.lww.com/pedorthopaedics/fulltext/2019/07001/the\\_natural\\_history\\_of\\_meniscus\\_tears.14.aspx](https://journals.lww.com/pedorthopaedics/fulltext/2019/07001/the_natural_history_of_meniscus_tears.14.aspx)  
2 E. Luvsannyam, M. S. Jain, A. R. Leitao, N. Maikawa, and A. E. Leitao, "Meniscus Tear: Pathology, Incidence, and Management," Cureus, vol. 14, no. 5, 2022, doi: 10.7759/cureus.25121.

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