

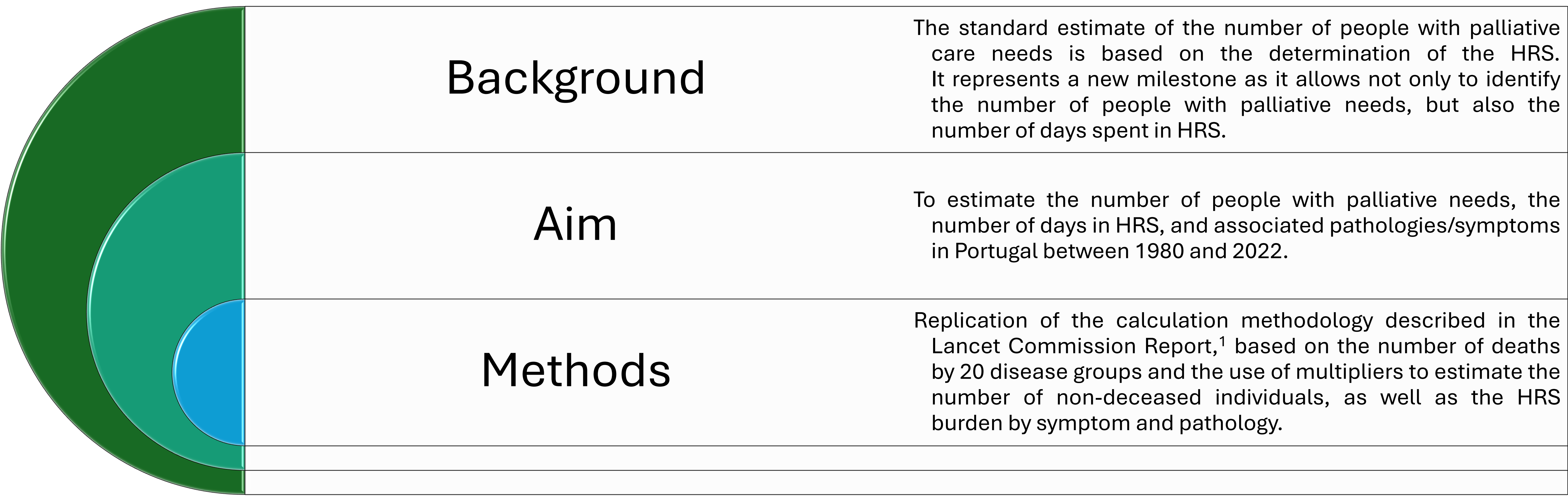
Health-Related Suffering (HRS) in People with Palliative Care Needs: Portugal 1980-2022

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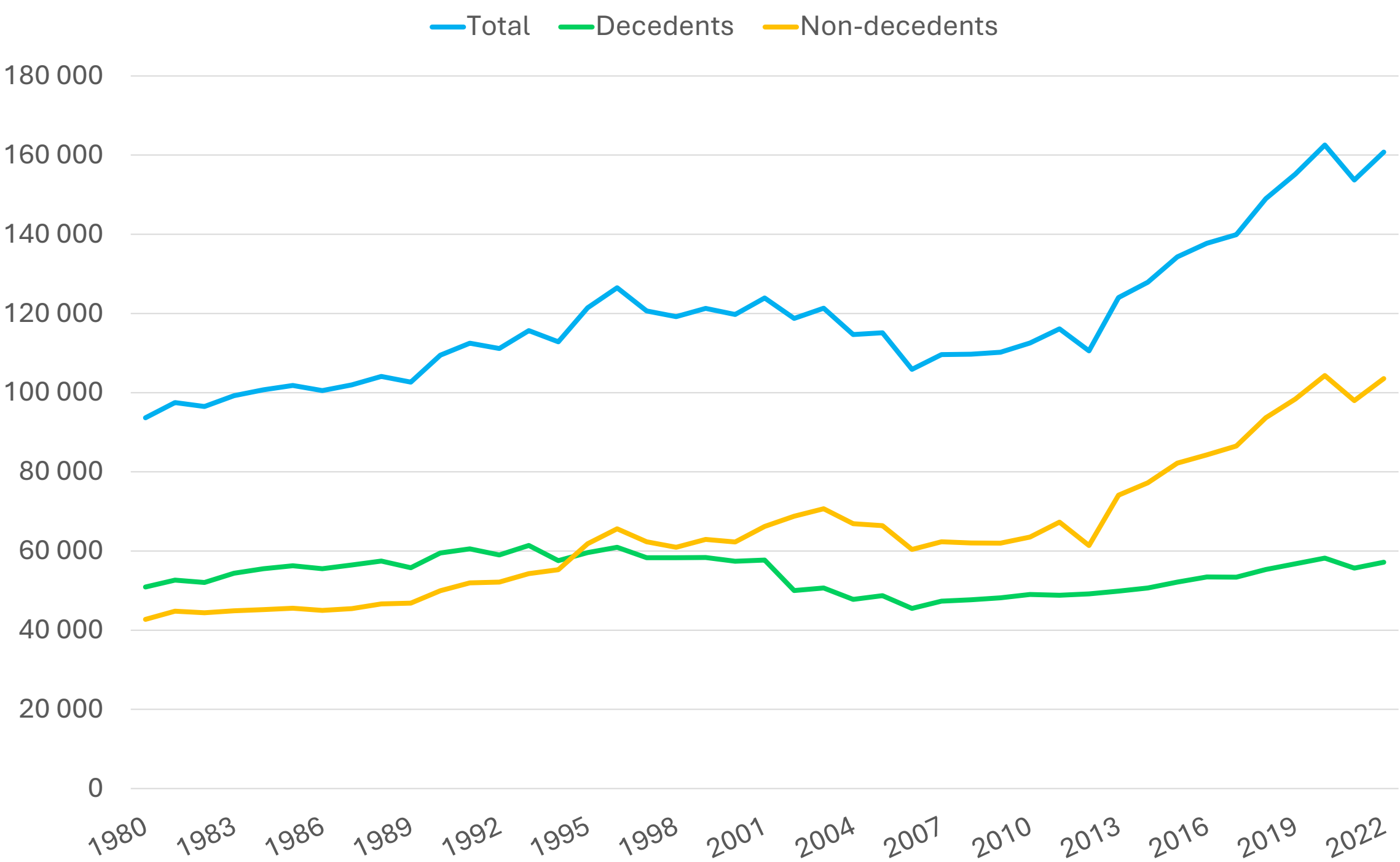
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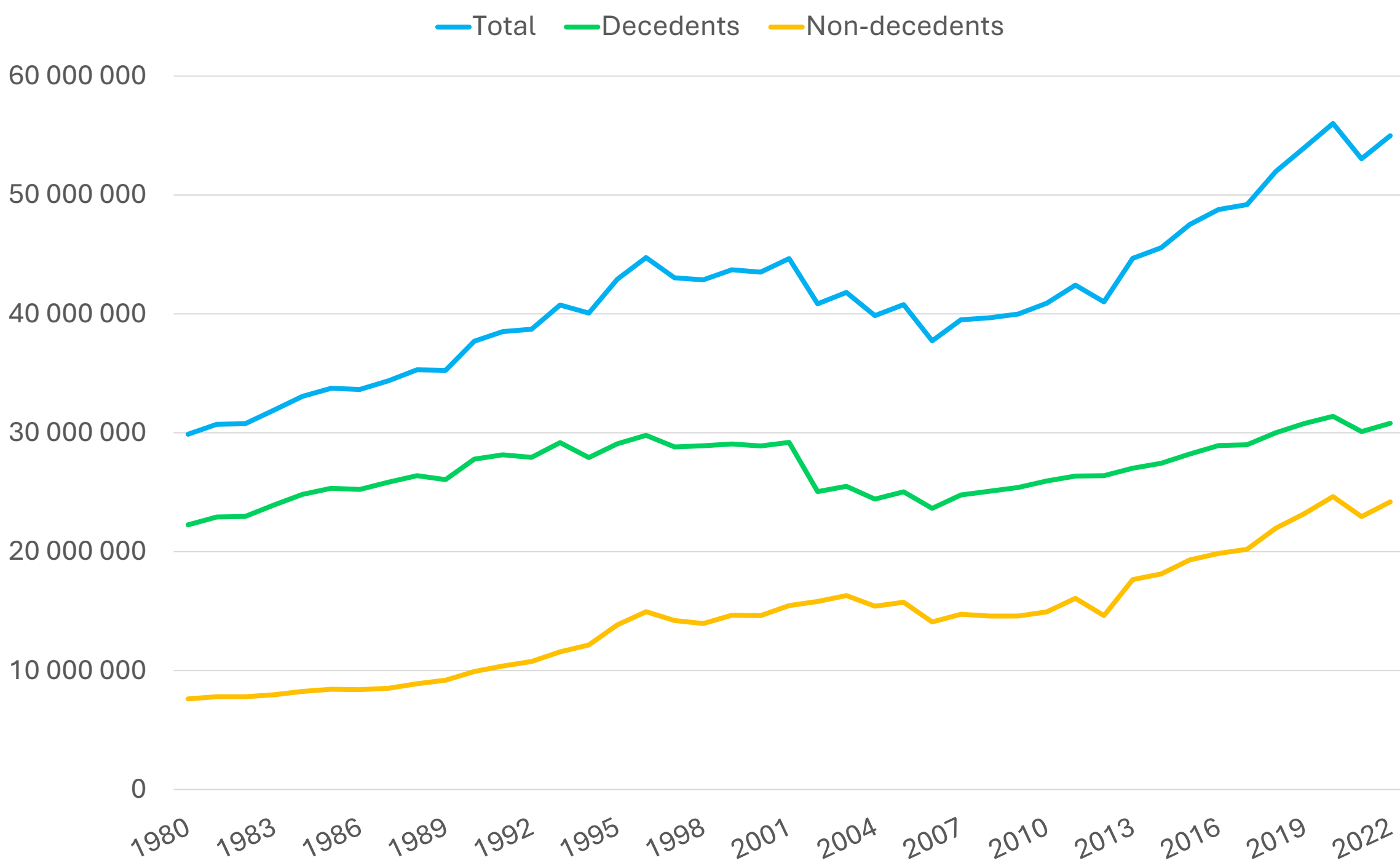


RESULTS

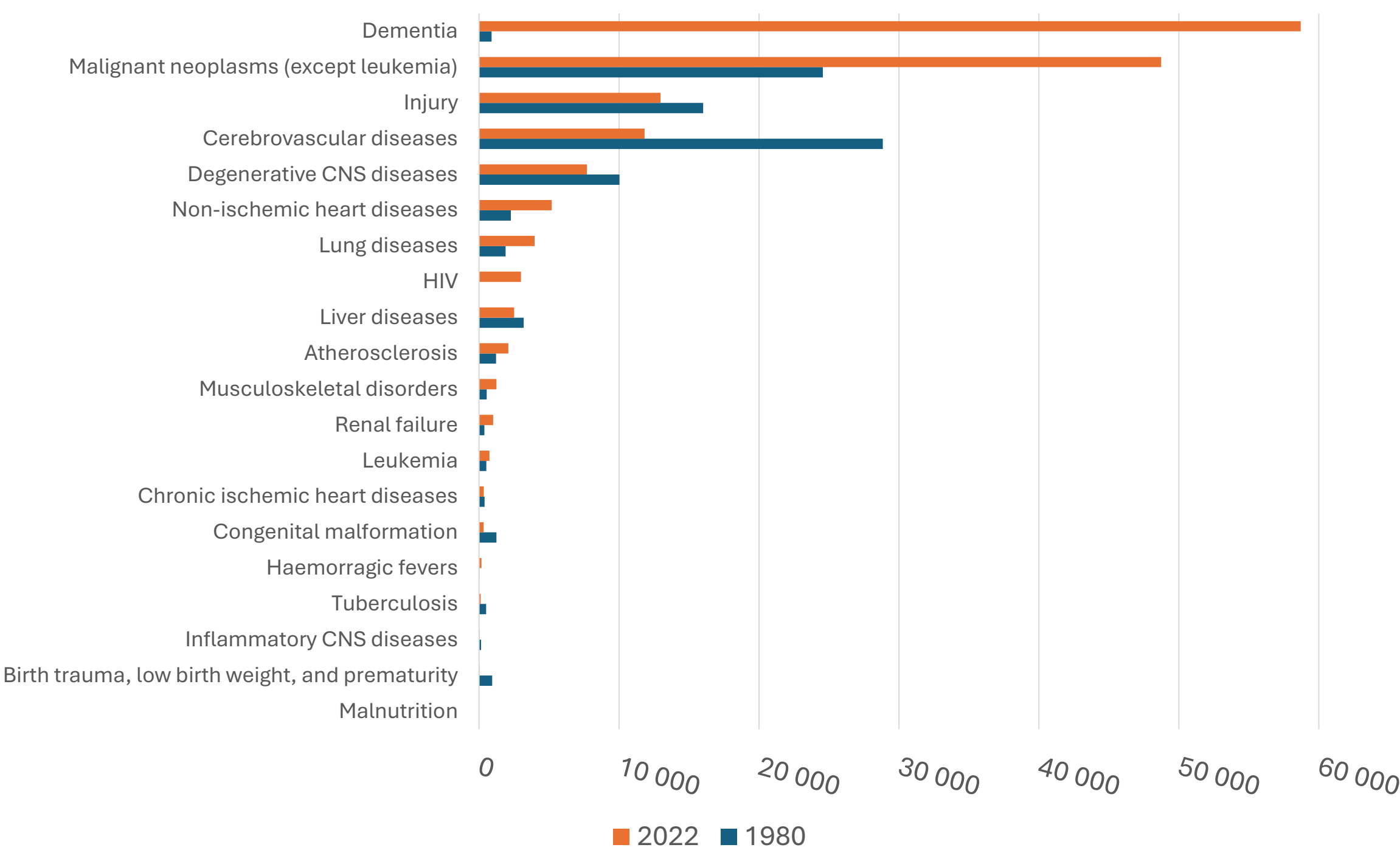
People in HRS, 1980-2022, number



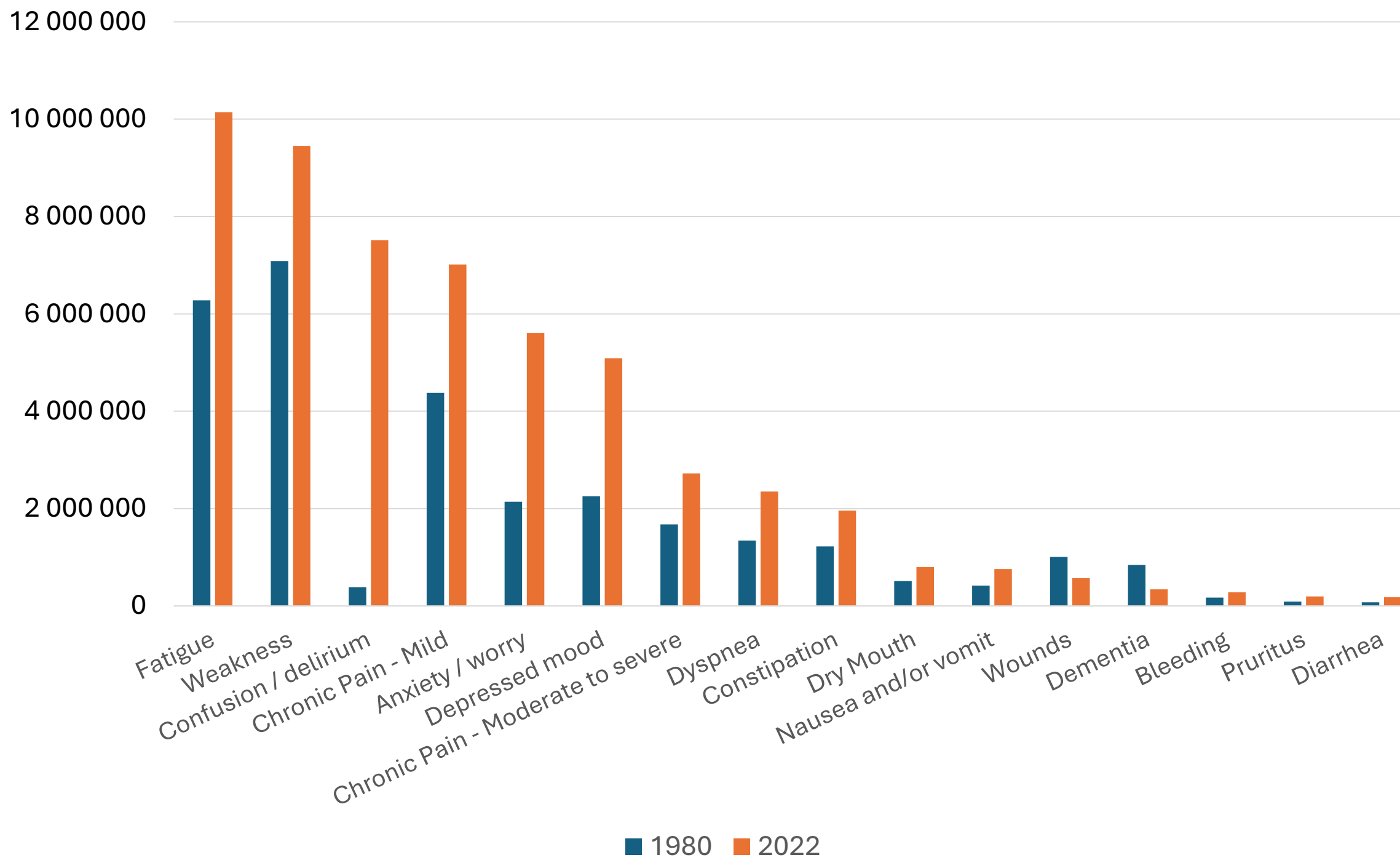
Days in HRS, 1980-2022, number



People in HRS by disease group, 1980 vs 2022, number



Days in HRS by symptom, 1980 vs 2022, number



Discussion / Conclusion

Between 1980 and 2022, there was an increase of 67,093 people in HRS and 25,103,438 days in HRS, although the average number of days in HRS decreased by 58 days. Both clinical situations and symptoms are substantially different. The results reveal a growing public health problem - a pandemic of suffering that urgently needs to be controlled. To this end, the entire healthcare system must be reorganised to focus on people's real needs.

Reference

1. Knaut FM, Farmer PE, Krakauer EL, De Lima L, Bhadelia A, Jiang Kwete X, et al. Alleviating the access gap in palliative care and pain relief—an imperative of universal health coverage: the Lancet Commission report. The Lancet. 391(10128):1391–454.