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### Preparation and Characterization of Bioactive Chitosan-Based Films Incorporated with Olive Leaves Extract for Food Packaging Applications

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### Motivation and objectives

- Microbiological contamination accounts for up to 25% of the waste of fresh, highly perishable food prior to consumption
- Active packaging is receiving increased interest to protect the food
- Polymers of renewable origin instead of oil-based plastics makes these systems more appealing for a sector increasingly looking for environmentally sustainable solutions
- Salmonella* spp., *Campylobacter* spp., *Listeria monocytogenes*, and *Escherichia coli* are relevant for food safety

THINK FOOD SAFETY

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### Motivation and objectives

- Biopolymer: large availability, biodegradability
- Extracted from the shell of crustaceans
- High value by-product
- Active compounds (Oleuropein as main compound)

Chitosan

Olive leaf extract (OLE)

Development of active coatings with both antimicrobial and antioxidant properties

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### Methods

- Preparation of **Chitosan-Olive Leaf Extract Films** at different concentrations (10, 20, 30% OLE relative to the chitosan)

CH solution 2% w/v

Dissolution 50 °C

Glycerol 30% w/w + OLE 10,20,30%

Homogenization 1 h Room temperature

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### Methods

- Characterized films properties:**
  - Solubility - % dry matter of film solubilized at 23 °C/ 24 h immersion in simulants
  - Water vapour transmission rate (WVTR) - gravimetric method (ISO 2528)
  - Tensile properties (ASTM D 882)
- Evaluation of active properties**
  - Antimicrobial** against *L. monocytogenes*, *E. coli*, *C. jejuni*
    - In vitro* - measuring the optical density at 600 nm, ASTM E2149
    - In situ* - sterile agar with OLE 2% in contact with pre-inoculated chicken pieces
    - C. jejuni* counts on pieces
  - Antioxidant activity (ABTS assay)**

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### Results

#### Films characterization

##### Visual appearance of the films

% OLE

- Films are transparent with a yellowish taint increasing with the concentration of the OLE and showing some insoluble particles

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### Results

#### Solubility of films in food simulants

Sample	WVP ( $\text{g Pa}^{-1} \text{s}^{-1} \text{m}^{-1}$ )	TS (MPa)	E (%)
CH 2% film	$4.92 \pm 0.12 \times 10^{-11}$	$17.02 \pm 2.27$	$4.34 \pm 1.25$
OLE film (10%)	$3.97 \pm 0.32 \times 10^{-11}$	$25.13 \pm 1.62$	$18.7 \pm 1.33$
OLE film (20%)	$2.90 \pm 0.20 \times 10^{-11}$	$18.12 \pm 3.45$	$12.4 \pm 3.04$
OLE film (30%)	$2.72 \pm 0.30 \times 10^{-11}$	$21.97 \pm 3.14$	$11.6 \pm 0.63$

#### Moisture permeability of films and tensile strength and elongation at break

- Solubility of the OLE-CH films was higher than that of the CH only, for all food simulants
- Permeability of CH film decreased with OLE incorporation
- Tensile strength was not significantly affected by the OLE incorporation while elongation at break increased with OLE incorporation

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### Results

#### Evaluation of antimicrobial properties

#### Growth curves at optimal growth temperature

- L. monocytogenes* and *C. jejuni*: substantial antimicrobial activity
- E. coli*: lower level of inhibition
- OLE seems not to improve the intrinsic antimicrobial properties of the chitosan itself, except for *C. jejuni*

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### Results

#### Evaluation of antimicrobial properties

#### In situ

- 6-log reduction was achieved for *C. jejuni*
- Removing the meat from OLE contact, some growth was observed after incubation

↓

- C. jejuni* growth is reduced but some cells remain viable
- OLE affects either the number of viable bacteria (by killing some) or affects the cells metabolism (cells viable but not culturable)

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### Results

#### Evaluation of antioxidant properties

#### Antioxidant activity expressed in ascorbic acid eq.

- The chitosan films with OLE exhibited antioxidant activity, increasing with the OLE concentration

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Overall, the combination of OLE and chitosan allows to obtain a promising active bio-based packaging solution for addressing safety and quality issues

## Thank you!

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