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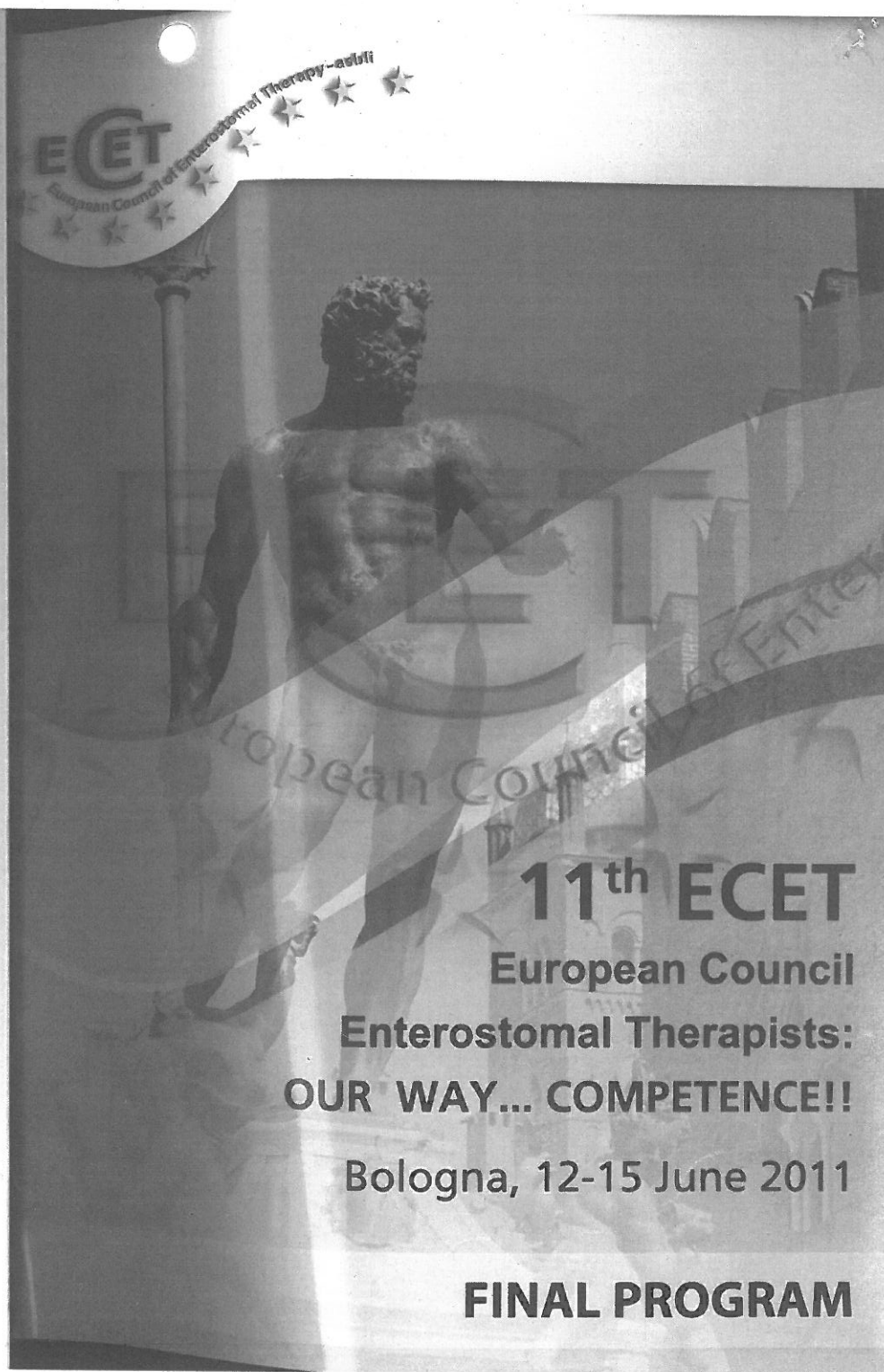
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**ECET**  
European Council of Enterostomal Therapists

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**11<sup>th</sup> ECET**  
**European Council**  
**Enterostomal Therapists:**  
**OUR WAY... COMPETENCE!!**  
Bologna, 12-15 June 2011

**FINAL PROGRAM**

Tuesday, June 14, 2011

FISTULAS - EUROPAUDITORIUM

8.30 – 10.00

LECTURES

Paulo Alves

*Assistant teacher on the Health Science Institute - Porto - Catholic University of Portugal*

### **ABDOMINAL WOUNDS, STOMAS AND FISTULAS: ASSESSMENT AND IMPAIRED HEALING**

Abdominal wounds, stomas and fistulas; assessment and impaired healing Alves, Paulo – Health Sciences Institute – Catholic University of Portugal The factors that contribute for impaired healing are innumerable; they can be linked to the patient or to the wound. The problem is that in all professional groups there is a practical concern focused on the wound, without considering all the characteristics and environment involving the person.

A hard to heal wound is a huge problem to the team, they face difficulties as infection, dehiscence, heavily exuding wounds, overflow drainage, bad positioned ileostomy/colostomy and fistulas, that increases complications and suffering. The effectiveness of this interventions is grounded on reducing the incidence of wound complications, reduce time spent in treatment, reducing dressing change frequency, reducing number hospitalizations and promote appropriate treatment selections. Quality in wound care combines clinical and financial constraints.

The role of the team is the purpose of this work, facing complex abdominal, stomas and fistulas. A criterious and systematic approach in a team effort leads to the success of healing. Good wound care is unavoidable without control of risk complications which inhibit healing, correct assessment and diagnosis without compromising patient safety.